

# Seniors Festival - Calendar of Events

Download the program of events from [bmcc.nsw.gov.au/seniors-week](http://bmcc.nsw.gov.au/seniors-week)

## Tuesday 6, 13, 20, 27 April

**Tai Chi for Beginners - Seniors Only**  
Glenbrook Park

## 7, 14, 21, 28 April

**Get some air with Radio Blue Mountains**  
This event sees seniors take over the airwaves at our local community radio station.

## Wednesday 7 April

**Walk 'n Talk: Regenerating After Fire**  
Fairfax Track, Govetts Leap, Blackheath

## Thursday 8 April

**Seniors Festival Morning Tea**  
Belong Blue Mountains Mid Mountains Neighbourhood Centre

## Thursday 8 April

**Tai Chi / Qigong**  
Blue Mountains Theatre & Community Hub

## 9 + 30 April

**Clak'n'Yak Social Group**  
Belong Blue Mountains Lower Mountains

## Friday 9 April

**Turtle Tour at Glenbrook Lagoon**  
Glenbrook Lagoon

## Monday 12, 19, 26 April

**Social Stories**  
Belong Blue Mountains Lower Mountains Neighbourhood Centre

## Monday 12 April

**Seniors Week Recognition Awards**  
Blue Mountains Theatre & Community Hub

## Tuesday 13 April

**History Tour of Blackheath Cemetery**  
Blackheath Cemetery

## Tuesday 13 April

**A Cultural Connection Morning Tea**  
Phillips Hall, Blackheath Community Hall

## Tuesday 13 + 20 April

**FUNctional Fitness**  
Faulconbridge Community Hall

## Wednesday 14 April

**Rod Stewart & the Best of British show starring Dave Patten**  
Blue Mountains Theatre & Community Hub

## Wednesday 14 April

**Katoomba Film Society Screening of 'Knock on Wood' (1954)**  
atoomba venue to be confirmed

## 14 - 24 April

**Snapshot: Community and Katoomba 1950 - 60s**  
Blue Mountains Cultural Centre

## 14 - 24 April

**Exhibition Arthur Boyd: Landscape of the Soul**  
Blue Mountains Cultural Centre

## 14 - 24 April

**10% off seniors discounts at Blue Mountains VICs**  
Glenbrook Visitor Information Centre & Echo Point Visitor Information Centre

## 14 - 24 April

**Exhibition Sculpture Otherwise**  
Blue Mountains Cultural Centre

## Thursday 15 April

**Learn how to support someone who is feeling suicidal**  
Winmalee Neighbourhood Centre Inc.

## Thursday 15 April + Friday 16 April

**Arthur Boyd Landscape of the Soul Gallery Tour and Workshop**  
Blue Mountains Cultural Centre

## Friday 16 April + 23 April

**Social Cards**  
Springwood Presbyterian Church Hall

## Sunday 18 April

**Open day at Valley Heights Locomotive Depot Heritage Museum**  
Valley Heights Locomotive Depot Heritage Museum

## Monday 19 April

**Seated Yoga**  
Blue Mountains Theatre and Community Hub - Green Room

## Monday 19 April

**Katoomba Bring-a-Friend Lunch**  
Katoomba Community Centre (Civic Place)

## Tuesday 20 April

**Blaxland Bring-a-Friend Lunch**  
Blaxland Community Centre

## Tuesday 20 April

**Seniors Week Show: Good Morning Katoomba**  
Katoomba RSL Club

## Wednesday 21 April

**+ Thursday 22 April Mental Health First Aid for the Older Person**  
Carrington Hotel

## Wednesday 21 April

**Yoga and Relaxation**  
Faulconbridge Community Hall

## Wednesday 21 April

**Lawson Bring a Friend Lunch**  
Lawson Community Centre

## Wednesday 21 April

**Blackheath Bring a Friend Lunch**  
Bates Hall

## Wednesday 21 April

**Intergenerational Understanding of Elder Abuse**  
Blue Mountains City Council Chambers

## Thursday 22 April

**Gypsy Flamenco Fun**  
Flamenco Vero Studio

## Thursday 22 April

**Honey Bees: Up Close**  
Blue Mountains Cultural Centre

## Thursday 22 April

**Springwood Bring a Friend Lunch**  
Blue Mountains Theatre & Community Hub

## Thursday 22 April

**How to Prepare for Emergencies**  
Springwood Hub

## Friday 23 April

**Natural Health Hacks for Vitality and Longevity**  
Blue Mountains Cultural Centre

## Friday 23 April

**How to Prepare for Emergencies**  
Wentworth Falls Community Hub

## Friday 23 April

**Art Social Group**  
Springwood Presbyterian Church Hall

## Saturday 24 April to Tuesday 27 April

**Live at Lunch Time: Alan Plummer**  
Blue Mountains Cultural Centre

## Wednesday 28 April

**Screening of 'Casablanca' (1942)**  
Katoomba venue to be confirmed

## Thursday 29 April

**Positive Ageing - a talk by Julie Ankers**  
Blue Mountains Theatre & Community Hub

## Throughout April

**Seniors \$15 meal and coffee deal**  
Ben Roberts Café

## Date/Time: TBA

**This is You! Seniors in the Moment**  
TBA

## Supporting Partners & Sponsors of the 2021 Seniors Festival

• Belong Blue Mountains Katoomba, Mid Mountains & Lower Mountains Neighbourhood Centre • Ben Roberts Cafe Lawson • Blackheath Area Neighbourhood Centre  
• Blue Mountains City Council • Blue Mountains Cultural Centre • Blue Mountains Library • Blue Mountains Food Services • Blue Mountains Food Coop  
• Blue Mountains Leisure Centres • Blue Mountains Theatre and Community Hub • Elizabeth Evatt Legal Centre • Flamenco Vera Studio  
• Greater Local Land Services • Katoomba RSL • Radio Blue Mountains • Red Cross • Rural Fire Service • Springwood Neighbourhood Centre Co-op  
• State Emergency Services (SES) • Tai Chi Cha Cha • Valley Heights Locomotive Depot Heritage Museum • Winmalee Neighbourhood Centre

For a hard copy of the program please call 4780 5000 or get a copy from Council libraries or Customer Service Counters.