

Introducing **Good Neighbour**

People often feel disconnected from each other at the best of times. And now, with social distancing and restrictions on public movements, it can be even harder to maintain relationships with those around you.

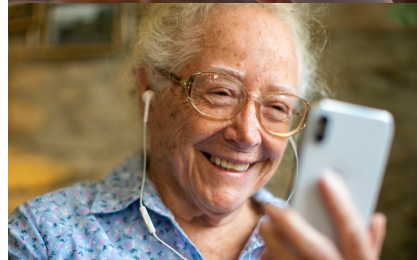
Good relationships can transform communities and knowing our neighbours is important, even more so during the COVID-19 pandemic.

How can you be a Good Neighbour? It's really easy. Just learning each other's names and saying a quick hello across the fence, at a safe distance, is all it takes to start building a relationship.

If you have a neighbour who is self-isolating, especially those in the vulnerable and at risk categories, fill out the Good Neighbour calling card (on the other side of this flyer) to let them know you're around if they need anything to help get them through.

Go to bmcc.nsw.gov.au/goodneighbour for more information

Supporting our community through COVID-19



Hi Neighbour!

This is (name/s) _____

I/we live at (address) _____

If you are self-isolating due to COVID-19, I can help by:

Picking up shopping

A friendly phone call

Dog walking

Posting mail

Urgent supplies

Other: _____

Just call or text me on _____ and I'll do my best to help you!
(phone)

Thanks for being a good neighbour!

bmcc.nsw.gov.au/goodneighbour

